

Resident Research Forum at the 7th International Scientific Conference of Rawalpindi Medical University

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Event Overview:

The Resident Research Forum (RRF), a synergy for nurturing research and academic acumen among residents, played a central role in the 7th International Scientific Conference of Rawalpindi Medical University (RMU). Conducted on **December 20, 2024**, Friday, this session exhibited four topic centered symposia and a comprehensive poster presentation session, seamlessly aligning with the conference's theme, **“Reshaping the Medical Education Landscape: The RMU Model.”**

Innovative Leadership: The central theme and framework of the conference were formulated and directed by **Vice Chancellor Rawalpindi Medical University, Professor Dr. Muhammad Umer**, whose relentless dedication and unyielding commitment built a strong foundation for the success of the event. His ideation of revolutionizing healthcare education by merging innovation with medical expertise, was reverberated across the whole conference, inspiring residents and faculty alike.

Leadership and Organization:

The session was thoroughly guided by the esteemed patrons of RRF:

- Dr. Asad Tamizzudin (Patron-in-Chief RRF)
- Dr. Farrah Pervaiz (Patron In-Charge RRF)
- Dr. Sarah Rafi (Forum Coordinator RRF)

The RRF symposia and poster presentations were strategically planned and executed at the leadership of:

- Dr. Jamila Bibi (President, RRF)
- Dr. Tashfeen Farooq (President, RRF)
- Dr. Momina Amanullah (Vice President, RRF)
- Dr. Muhammad Shoaib Ali (Secretary, Benazir Bhutto Hospital)
- Dr. Kinza Shaista (Secretary, Holy Family Hospital)
- Dr. Madiha Liaqat (Secretary, Rawalpindi Teaching Hospital)

Their mentorship played a fundamental role in preparing residents to demonstrate quality research performance, hence ensuring the academic depth and rigor of the sessions.

Symposia Details: A total of 46 oral presentations were delivered across four symposia, which were held in Lecture Theatres 1 and 2 of the Old Teaching Block, RMU. Moderators for these sessions included prominent RRF members, ensuring intensive scholarly approach and enlightening discussions. Each symposium hosted distinguished panels of experts, graded the presentations, founded on a single structured evaluation criteria to avoid assessment bias.

Symposium	Time	Venue	Panel of Experts	Winners
Symposium 1	9:00am-10:30am	LTC-1	Prof. Dr. Faryal Azhar, Dr. Shehzad Manzoor, et al.	Dr. Naila Shaukat (Gynae Unit 2 HFH) Dr. Zeeshan (Gynae BBH),
Symposium 2	9:00am-10:30am	LTC-2	Dr. Zein-el-Amir, Dr. Rai Asghar, et al.	Dr. Ameena (Gynae Obs BBH)
Symposium 3	11:00am-12:30am	LTC-1	Prof. Dr. Tallat Farkhanda, Dr. Saima Ambreen, et al.	Dr. Ambreen (Gynae)

Symposium 4	11:00am-12:30am	LTC-2	Prof. Dr. Sadia, Prof. Dr. Fuad Niazi, et al.	Dr. Maimoona (ENT HFH)
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Poster Presentations: The poster presentation session exhibited **70 posters**. Posters were displayed in Courtyard of Old Teaching Block, demonstrating a diversity across medical domains with a special focus on medical education. The results were as follows:

Positions	Name of PGT	Department/Hospital
1 st (Shared)	Dr. Kainat Zafar Dr. Ayesha Raza	Obstetrics and Gynaecology, Unit 2, HFH Surgical Unit 2, BBH
2nd	Dr. Shahzad	Urology, BBH
3rd	Dr. Umara Naseem	Emergency Medicine, HFH

Key Highlights:

1. The session successfully illustrated the RMU model of integrating research with medical practice, thereby empowering residents to pursue clinically validated medical practice
2. The theme of the session emphasized quality enhancement, innovative strategies in medical education, and refinement of clinical practices.
3. The session highlighted a notable participation of residents from all 3 RMU allied hospitals, demonstrating a collaborative approach across all the specialties.
4. Acknowledgments: The remarkable success of the RRF sessions is credited to the farsighted leadership of Vice Chancellor RMU, Professor Dr. Muhammad Umer, whose relentless efforts paved the way for this groundbreaking session. The resolute dedication and commitment of the residents, the empowering mentorship of patrons, and the logistical support provided by RMU had a pivotal role in the success of the event. The RRF remains focused on nurturing an intellectual research culture among residents and strengthening the academic status of Rawalpindi Medical University.

Conclusion:

The Resident Research Forum at the 7th Annual Scientific Conference not only featured the research expertise of RMU residents but also established a standard for future academic and research initiatives. The synergistic efforts of faculty and residents contributed towards shaping the next generation of healthcare professionals, and was aligned with the RMU vision of reshaping medical education.

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